

The Construction Site Video Checklist

A practicalchecklistforfilmingonanactivejobsite—whetheryou'reshootingityourself on a phone or bringing in a crew.

1 Before You Film

- ☐ Pick a shoot date that lines up with something worth filming — a pour, a milestone, a trade you want to feature
- ☐ Let the site super and crew know filming is happening, so nobody's caught off guard
- ☐ Sort access — which gate, where to park, who to check in with
- ☐ Check the weather if you're filming outdoors, and have a backup day in mind
- ☐ If you want people on camera, give them a heads up in advance — nobody does their best on the spot
- ☐ Grab names and correct spellings for anyone you'll credit or interview

2 Staying Safe on Site

- ☐ Wear the same PPE as everyone else on site — hi-vis, hard hat, boots
- ☐ Do a quick walk of the area you're filming in and note anything to stay clear of
- ☐ Agree on a simple way to pause filming if something active is happening nearby (a lift, a pour, equipment moving)
- ☐ If you're flying a drone, check the site allows it and that you're clear on local rules first

3 Shots Worth Getting

- ☐ A wide establishing shot — the site, signage, the scale of the build
- ☐ Progress shots of whatever milestone or trade you're there for
- ☐ People actually working — candid is almost always better than posed
- ☐ Equipment in motion — cranes, pours, material handling
- ☐ A few close-up detail shots — finishes, materials, craftsmanship
- ☐ A quiet corner for a short interview or walkthrough, if you're doing one

4 While You're Filming

- ☐ Grab your wide/background shots first — they depend on light and site activity, interviews don't

☐ Get a couple of extra takes of anything you can't easily reschedule (a specific pour, a lift)

☐ If anyone's on camera, get their okay to use the footage — a quick verbal or written yes is enough

5 After You Wrap

□ Back up your footage in two places before you leave site — phone plus cloud, or two cards

□ Thank the crew and site team — you'll likely be back

□ Note down what you actually want to make from the footage (a reel, a bid clip, a social post) — it shapes how you edit

That's it — no special gear required to get something useful out of a shoot day. A phone, a bit of planning, and knowing what to point it at goes a long way.

Made by Ahead4Heights — we film construction sites for a living, and this is based on the checklist we actually use. Hope it's useful, however you end up shooting.

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